

Walk the Camino de Santiago for your local Hospice

Have you always wanted to walk the Camino de Santiago? Or maybe you are just looking for a new challenge?

The Southern Area Hospice is delighted to announce that they will be taking a group of walkers to complete this once in a lifetime expedition from **23rd – 30th May 2020**. Described by a participant who took part last year as “an amazing, life changing experience in every way” the Camino has been enjoyed by all our groups over the years with many people returning to complete another part of this impressive trail.

The Portuguese way of the Camino de Santiago trail is one of the most scenic and impressive walking trails around the world. The beautiful route we will be taking begins in Tui and finishes in Santiago de Compostela.

It is one of the friendliest walking routes in the world, with pilgrims from all over taking to the pathways to Santiago. This well-known walking trip explores the final section of the Camino Portuguese Way, taking you through tranquil woods, farmland and peaceful hamlets, as well as historic towns and cities.

There are many reasons to walk the Camino – religious, spiritual or just taking a break from the everyday stress of modern life, but whatever your reason, the feeling of satisfaction when you receive your Compostela certificate on completion is entirely exhilarating and overwhelming.

If you would like to join us on this journey **please phone Amy in Fundraising on (028)30251333 or email [mckeowna@southernarea](mailto:mckeowna@southernarea.org)**
hospiceservices.org for
more information or you can come along to our

Information night in Hospice on Thursday 30th January at 7pm.